



Maudsley Family Therapy for Anorexia Nervosa (FT/AN): Recent Developments and Application in Different Treatment Settings

Join us for a 2-day Master Class covering advanced topics in family therapy for eating disorders.

Learning Objectives

1. Describe the research and theoretical underpinning of the approach
2. Explain how the theory of family functioning relates to practice of family therapy in FT-AN
3. Explain an overview of the conceptual developments that have informed changes in clinical practice
4. Discuss the role of treatment manuals in clinical practice
5. Describe issues of adherence and flexibility in the application of treatment materials
6. To describe the details of the Maudsley manual for FT/AN and similarities and differences with the FBT manual
7. Demonstrate through facilitative group participation how young people and families engage in treatment and the techniques and treatment interventions that can be used at different stages of treatment
8. List 3 treatment interventions that can be used at each stage of treatment.
9. Assess how the treatment may need to be modified to reflect the specific needs of the young person and their family
10. Describe how the treatment may need to be modified to reflect the clinical context in which the treatment is being applied
11. Demonstrate the ability to apply the FT-AN approach in outpatient practice

Trainers

Ivan Eisler, OBE, PhD

Joint Head of Child & Adolescent Eating Disorders Service, Maudsley Hospital Emeritus
Professor of Family Psychology and Family Therapy

Institute of Psychiatry, Psychology and Neuroscience, King's College, London

Dr. Eisler is an experienced trainer who has, for the past 35 years, been developing and evaluating family treatments for eating disorders.



Details

October 17th & 18th, 2018 | 9:00AM – 4:30PM

UC San Diego Eating Disorders Center

Pacific Room

Cost: \$300 for 2-day training

Price includes 12 CE credits, lunches and materials

Space is extremely limited. To reserve your spot, please email Vivian Lau at vilau@ucsd.edu.